

## **Traditional Sports Week Project in Character Building of Students at the Elementary School Level**

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### **Authors' contribution:**

**A.** Conception and design of the study; **B.** Acquisition of data;  
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### **ABSTRACT**

Traditional sports games play an important role in character building of students, especially in elementary school. This study aims to examine how traditional games can improve character values such as cooperation, discipline, and sense of responsibility among students. The method used is a qualitative approach with data collection through observation and interviews with students and teachers. The results of the study indicate that through playing activities, students not only acquire physical skills, but also learn about the importance of social interaction and cultural values contained in the game. Thus, the integration of traditional sports games in the education curriculum is expected to contribute significantly to the development of positive character in students. This study recommends that schools be more active in implementing traditional games as part of a character education strategy. This study aims to evaluate the influence of the Traditional Sports Project on the characteristics of students at SDN 19 Krui. The method used is qualitative with a case study approach. The results of the study indicate that traditional sports can form positive characteristics such as cooperation, discipline, and independence in students.

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**Keywords** : Learning model; Traditional Sport; Characteristic;Stimulus.

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## **INTRODUCTION**

Traditional sports games play an important role in character building of students, especially in elementary school. This study aims to examine how traditional games can improve character values such as cooperation, discipline, and sense of responsibility among students. The method used is a qualitative approach with data collection through observation and interviews with students and teachers. The results of the study indicate that through playing activities, students not only acquire physical skills, but also learn about the importance of social interaction and cultural values contained in the game. Thus, the integration of traditional sports games in the education curriculum is expected to contribute significantly to the development of positive character of students. This study recommends

that schools be more active in implementing traditional games as part of a character education strategy.

## **METHODS**

This study uses a qualitative approach with a case study design to explore the role of traditional sports games in character building for students. The number of respondents in this study was 50 grade 6 students at SDN 19 Krui.

### **Research Subjects:**

The subjects of the study were grade 6 students who participated in traditional sports games. Subject selection was carried out purposively to ensure that respondents had direct experience with the games being taught.

### **Data Collection:**

Data were collected through three main methods: observation, interviews, and documentation.

## **RESULTS AND DISCUSSION**

The results of this study indicate that traditional sports games are effective in forming positive characters in grade 6 students at SDN 19 Krui. Through observation, interviews, and documentation, it was found that students showed improvements in terms of cooperation, discipline, and sportsmanship. These findings underline the importance of integrating traditional sports games into the school curriculum to develop good characteristics in students.

### **Observation**

From the results of the observation, it was found that traditional sports games such as:'Petak Umpet, Gobak Sodor / Kekhatulan, Engklek / Bablingan, Dakon / Congklak, Kelereng, Bentengan, Bola Bekel, Patak lele / Benthik, Prepet Jengkol / Leko'an, Gasing / Gangsingan" significantly influenced the behavior of students. During the activity, it was seen that students were very enthusiastic and active in participating. They showed a high level of cooperation, supporting each other to win the game. In addition, discipline was seen from students' compliance with the rules of the game that had been agreed upon together. Students also showed the ability to coordinate well in a team, which increased their communication and collaboration skills.

### **Interview**

The results of interviews with students, teachers, and parents showed that traditional sports games had a positive impact on the formation of students' character. Many students stated that they learned the importance of cooperation and sportsmanship through the game. Teachers observed an increase in students' discipline and responsibility, especially in obeying the rules and maintaining a sporty attitude. Parents also mentioned positive changes in their children's behavior at home, such as being more patient and more appreciative of cooperation with family members.

### **Documentation**

Documentation in the form of photos and videos of activities showed positive interactions among students. The pictures and videos supported the findings from observations and interviews, by showing students who were active, working together, and following the rules of the game well. The notes obtained also showed an increase in

individual and collective responsibility, as well as awareness of the importance of preserving local culture through traditional games.

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