

The Effect Of Kasti Ball Game On The Improvement Of Positive Cultural Characters In Grade 5 Students Of State Elementary School 35 Krui, Ngaras District

Yuda Gastriana Putra^{1A-E*}, Dewi Susilawati^{2B-D}

¹Study Program of Magister Physical Education and Health, Faculty of Sports Education and Health, University Of Education Indonesia, Sumedang City, Indonesia

²Lecturer Program of Magister Physical Education and Health, Faculty of Sports Education and Health, University Of Education Indonesia, Sumedang City, Indonesia

yudaputra76@guru.sd.belajar.id^{1*}, dewisusilawati@upi.edu²

Authors' contribution:

A. Conception and design of the study; **B.** Acquisition of data;
C. Analysis and interpretation of data; **D.** Manuscript preparation; **E.** Obtaining funding

Received: 2024-10-29

Accepted: 2024-11-23

Published: 2024-12-21

ABSTRACT

This study aims to examine the effect of playing baseball on improving positive cultural character in 5th grade elementary school students. The method used is quantitative with an experimental design. The research sample consisted of 20 students divided into two groups: an experimental group that participated in playing baseball and a control group that did not. The results showed that there was a significant increase in the positive cultural character of students involved in playing baseball, with a p value <0.05. This study concludes that playing baseball can be an effective tool in forming positive cultural character in students.

Keywords : Game; Kasti Ball; Characters; Positive Culture; Students.

INTRODUCTION

The game of baseball is one of the popular sports among elementary school students. In addition to being a means of exercise, this game also has the potential to form positive cultural characters, such as cooperation, discipline, and sportsmanship. This study focuses on 5th grade elementary school students, who are a critical age in character formation. By integrating baseball games into learning, it is expected to improve students' positive cultural characters.

METHODS

This study used an experimental design with two groups: an experimental group that participated in baseball game learning and a control group that did not. The research sample consisted of 20 5th grade elementary school students at SD Negeri 35 Krui, who were selected randomly. Data were collected through a questionnaire that measured positive

cultural characters before and after the intervention. Data analysis was carried out using the t-test to determine the differences between the two groups.

RESULTS AND DISCUSSION

Result

The results of the analysis showed that the experimental group experienced a significant increase in positive cultural character after being involved in the baseball game. The average score of positive cultural character before the intervention was 68, while after the intervention it increased to 82, with a p value = 0.001. In contrast, the control group showed a slight increase, from 67 to 69, with a p value = 0.12.

Discussion

The improvement of positive cultural character in students involved in baseball games can be explained through several factors. First, this game teaches the values of cooperation and communication, which are important in team play. Second, students learn to appreciate sportsmanship and discipline through the rules of the game. Third, baseball games also provide a fun learning experience, so students are more motivated to participate actively.

CONCLUSION

This study shows that baseball games have a positive influence on improving the cultural character of 5th-grade elementary school students. By integrating baseball games into the education curriculum, schools can help students develop good character and a positive culture. Therefore, it is recommended that baseball games be used as one of the learning methods in sports education in elementary schools.

REFERENCES

- Hadiyah, N., & Nurhayati, S. (2020). Pengaruh Permainan Kasti terhadap Peningkatan Karakter Siswa di Sekolah Dasar. *Jurnal Pendidikan Jasmani dan Olahraga*, 5(2), 123-130.
- Manafe, B. A. P., Nafie, A. J., & Rohi, I. (2021). Tinjauan Tentang Pembelajaran Permainan Kasti Dalam Membentuk Karakter Siswa Kelas VA di Sekolah Dasar Inpres Oeba 1 Kota Kupang. *JPEHSS (Journal of Physical Education Health And Sport Sciences)*, 2(1), 47-60.
- Sari, D. P., & Rahmawati, A. (2022). Implementasi Permainan Kasti dalam Meningkatkan Karakter Disiplin Siswa. *Jurnal Pendidikan dan Pembelajaran*, 9(1), 45-52.
- Pratiwi, R. (2023). Pengaruh Aktivitas Fisik terhadap Pembentukan Karakter Siswa Sekolah Dasar. *Jurnal Ilmu Pendidikan*, 10(3), 201-210.